

## **10 Golden Rules**

Written by  
Wednesday, 02 November 2011 13:16

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### **1. Staying off the road!**

When you play, make sure that you are not suddenly on the road. While running, cycling or skating this can happen quickly. The curb is the limit.

### **2. Also look to the left and right at "green"!**

Cross the street only at a green traffic light. Even with "green" always first look in all directions whether really all drivers have stopped.

### **3. In the dark, wear bright clothing**

When it is dark outside, always wear bright clothing. Your school bag should have reflective strips.

### **4. Ride a bicycle on the sidewalk!**

You can use the sidewalk whenever it appears safer to you. But watch out for pedestrians.

### **5. Wear a helmet!**

Always wear a helmet when cycling, even on short distances.

### **6. Your bike lights and brakes need to work!**

Check your bike regularly with your parents. Everything should be in place and should be working properly: the brakes, the lighting, the reflectors and the bell.

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### **7. Never drive with inline skates on the roadway**

If you go inline skating, wear full protective gear: helmet, wrist, elbow and knee pads. Never drive with inline skates on the roadway.

### **8. In the car use a child seat and the seat belt**

Use on all the rides in the car, even on short trips, your child seat. Always use the seat belt.

### **9. Get off on the sidewalk side!**

Always get off the car on the side of the walkway, never on the street.

### **10. Caution at bus stops!**

At the bus stop you often have to wait. When the bus arrives or departs, watch like a hawk. And: stay calm when entering, when getting off never cross the roadway in front of the bus.